

Project Sex and Gender Integration in the Bachelor Curricula of Nursing, Physiotherapy, and Occupational Therapy

Sala Defilippis T., Meidert U., Schaffert R., Hasler V., Stucki V., Maritan Y. & Borojevic M.

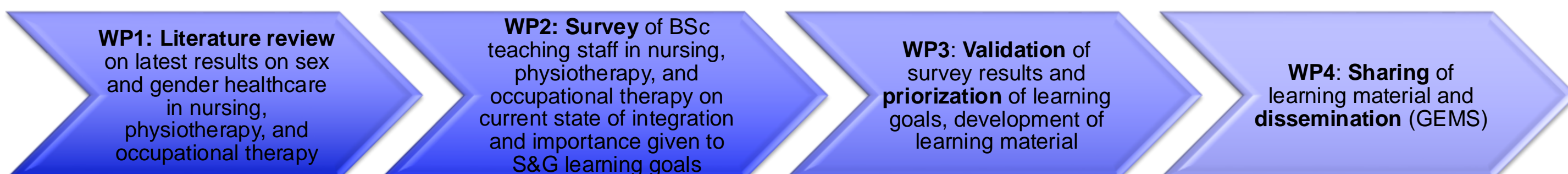
INTRODUCTION

Providing just and individualized **care and treatment represents a moral mandate** as part of the social contract for healthcare professionals, such as physiotherapists, occupational therapists, and nurses. The professional competencies profiles issued by the Conference of Rectors of the Swiss Universities of Applied Sciences (hereafter UAS) do not include sex and gender as a criterion which needs to be considered in professional practice (Ledergerber et al., 2020). **Biological sex and gender significantly influence the course of diseases, illness and sickness** and therefore they must be considered in health care.

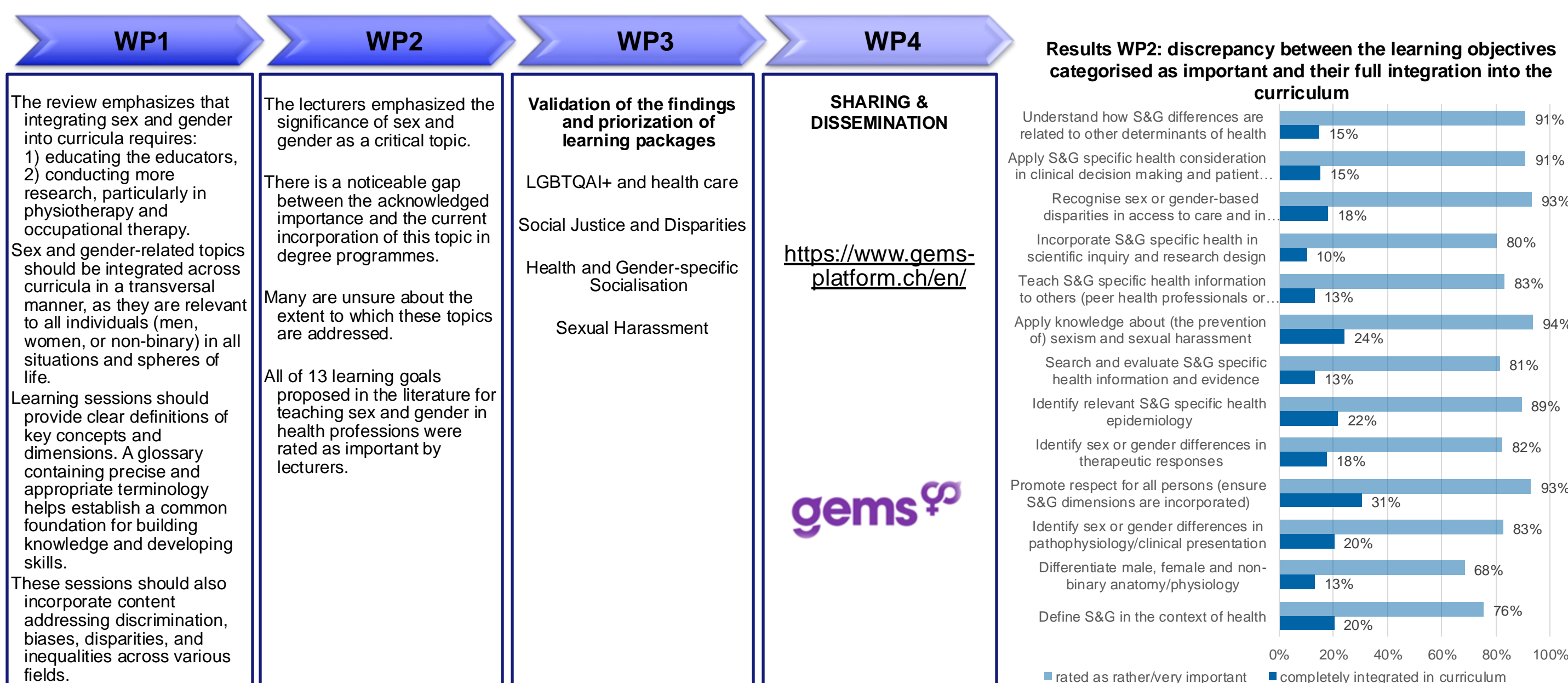
AIM AND OBJECTIVES

The aim of the project is to raise awareness and competence regarding sex and gender related healthcare issues among lecturers and students of physiotherapy, occupational therapy, and nursing. The objectives are: 1) gain an understanding of the current integration of sex and gender in nursing, physiotherapy, and occupational therapy curricula, 2) create a consensus regarding the topics that need to be addressed, 3) create teaching/learning materials, and 4) share teaching content among the involved UAS.

METHODS - STRUCTURE

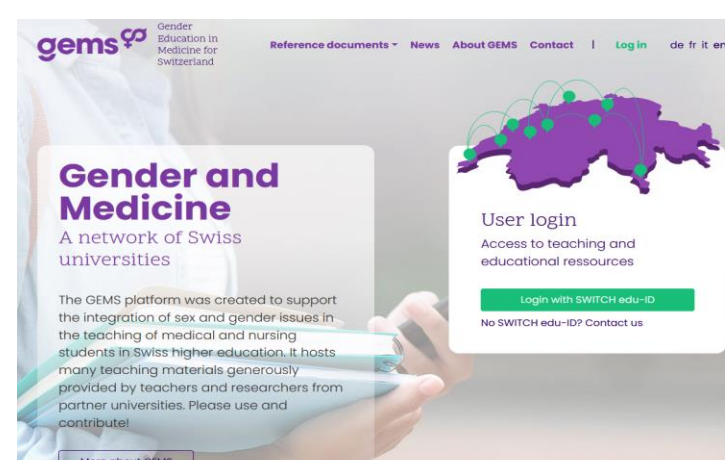


RESULTS



CONCLUSION

There is a lack of literature on sex and gender health competencies in nursing, physiotherapy, and occupational therapy, and a gap between the perceived importance and actual integration of these issues in curricula. This project is raising awareness on sex and gender related health topics with the potential for significant impact in clinical practice, aligning with SAMW recommendations for interprofessional and interdisciplinary collaboration.



REPORT

